

# SCIENCE & HEALTH

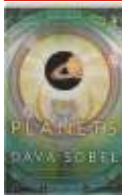
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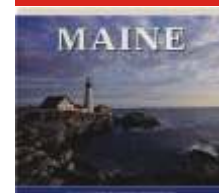
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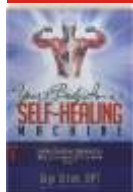
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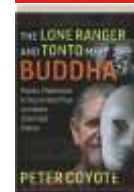


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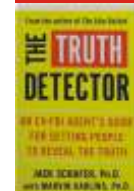


**★THE LONE RANGER AND TONTO MEET BUDDHA: Masks, Meditation & Improvised Play to Induce Liberated States** By Peter Coyote. Coyote reveals how to use masks, meditation, and improvisation to free yourself from fixed ideas of who you think you are and help you release your ego from constant defensive strategizing, calm the mind's overactivity, and allow spontaneous playfulness to arise out of your deepest nature. Photos. 176 pages. Inner Traditions. Paperbound. Pub. at \$16.99

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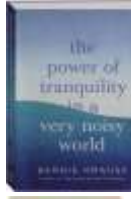


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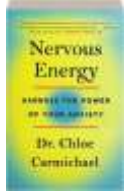
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